

## This is an interview by Mercedes Fox

<https://www.pinterest.de/MercedesAuthor/author-interviews-by-mercedes-fox>

### with author Kira Klenke

Welcome all.

Today I'm very lucky to be interviewing Kira Klenke author of "The Miracle Problem Solver: Using crystals and the power of Sedona to transform your life" (see [amzn.to/2FZoLGt](https://amzn.to/2FZoLGt)).

Hi Kira, thank you for agreeing to this interview.

**Tell us a little about yourself and your background.** I am a German author, living in Germany. I studied mathematics and was a professor of statistics for more than twenty years. There I gained a reputation for teaching statistics to people who thought it absolutely impossible that they could learn so successfully – and they learned the subject even with joy. So a second vocation as a coach has grown out of my teaching duties at university.

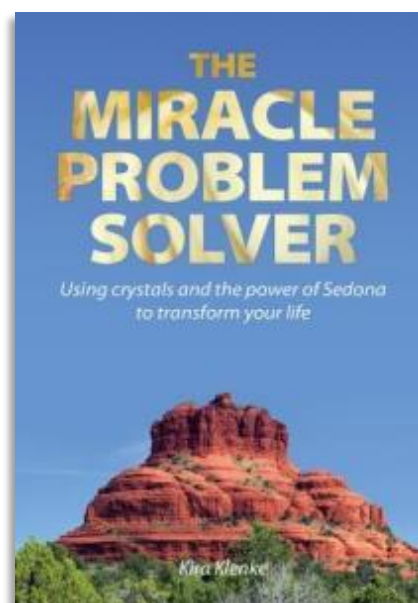


Nowadays I support people in letting go of old and obsolete life patterns and in unlocking their full potential. My certification as NLP trainer and my many qualifications in the realm of spirituality enable me to work holistically in these endeavors.

Having sought a deeper meaning in life even as a child, I have been actively involved in free writing, energy work and shamanism since 1984. I have visited power places all over the world, encountering forces that lead to the root of all things, the Source.

**Kira, tell us about your latest book** "The Miracle Problem Solver: Using crystals and the power of Sedona to transform your life" (Earthdancer Books, Sept. 2016) is a spiritual self-help book. It provides the key to solving every problematic situation in your life, quite literally with a stone's throw. For those familiar with systemic constellation work or crystal grids, some elements in the work will seem like old friends, but prior knowledge of the method is not required. This book is for all those wanting to connect to universal wisdom and heal their lives in a few simple steps.

I have received this method directly from the 'source' during a meditation on one of the most powerful places on this earth, the Bell Rock in Sedona (Arizona). The name used throughout the book (the 'SOURCE' method) is therefore both a perfect fit and an acronym for its essence: Sedona Stone Oracle Unity-Recreating Constellation Experience.



It is:

- An ingenious, simple method
- The perfect answer for those seeking a new kind of constellation work
- Everything falls into place by itself
- All you need is a handful of crystals or small stones

**Where do your ideas come from?** To be honest, I do not know for sure. There are these lucky moments when the muse appears. Fact is however, that she never shows up, when I am tightly involved with everyday duties. Usually, she catches me on vacation and often when I am outside in nature.

Then, after she has reached me, she usually supplies me with all the additional information I need to complete and finish the book via so-called coincidences (like articles, books, films or stimulating conversations).

**Do you work to an outline or plot or do you prefer just seeing where an idea takes you?** My rational mind would prefer to work with an outline. He would like a fixed concept to hold onto. However, fortunately, while I am writing, mostly my texts lead me up their own ways. Often I sit down to fix a particular thought and afterwards I'm amazed at the fact that I wrote something different.

**Do you have any "how to write" type books/instructional you'd like to recommend?** I'd like to recommend the books by Tom Bird, like his "You Can... Write Your Book In A Weekend" or "Write Right from God: You, Words, Writing And Your Divine Purpose". Tom Bird (meanwhile I have also attended his weekend seminars, which were a revelation for me) shook my paradigm that writing a book might take me years and that it also takes a long time to shape and arrange a book-text in a way that it is interesting and digestible for others. Using his method, I experienced that I can absolutely trust my intuition. And, that when I am strictly and consequently following my inner impulses, I can indeed write (the first draft of) a book within days. In my opinion and experience this writing method is perplexingly easy and at the same time difficult to follow (because here the rational mind comes to its limit).

**What is the hardest thing about writing?** For me the hardest is to give up mental control and to trust in my intuition, to follow the path that my inner wisdom is guiding me. I do not succeed with this every time I write, but when I do, writing is pure joy. And for me it is a challenge to sit down again and again and regularly.

**What was the hardest thing about writing your latest book?** Hardest was for me was having the discipline to work on my first draft (which was written in only a few days) repeatedly and regularly in order to shape it into a smooth and reader friendly final version.

**Any advice for aspiring authors?** If YOU are dreaming of becoming an author and if that dream has been with you for quite a while, years perhaps or may be even decades, then give book writing a try! Make space for your creativity and inner voice to speak. Take off a week or two at a lovely place in nature. If that does not appeal to you, try sitting in a library or a café. However, you have to devote time and make a commitment to your dream!

Then, write as much as possible and continue despite of all doubts of your rational mind.

Writing a book is more like a marathon than just a stroll. In addition, in most cases there are definitely better ways to become rich and famous. However, when you love reading and writing, you will find such a joy, once you are in the flow, in flow of writing, in the flow of creativity, in the flow of play and marvelling like a child. Afterwards, if you choose so, you will find a way to get your work published. Nowadays this is easier than ever.

**What do your readers mean to you?** My readers are the source of my inspiration. My readers are THE reason to sit down and finish a book. Their feedback and their sharing of the experiences they had while reading my books has helped me to grow and to learn and to go on with writing.

**You mentioned you're writing a new Book. How about a teaser?**

Writing and the art of writing is my passion. As a published author and with over 30 years of writing experience I have learned a lot I would like to share with writing beginners or with anyone who wishes to bring his or her writing experience to a deeper (or higher?) level. Writing can be (like) magic! It touches and transforms the author as well as the reader. Writing can be so healing and it gives peace of mind. It is clearing our minds, uncovering and unfolding dreams and the paths how to make them come true. Writing you can do and test out anything: You can fly to far-off galaxies. You become a famous rock star or a courageous hero. You can talk with animals or your ancestors and live virtually whatever makes your heart sing. In my next book, I will reveal the magic of writing to anyone who dreams of writing marvellous texts that frees and gladdens the writer as well as the (potential) readers.

**Where could our readers find out more about *The Miracle Problem Solver*?**

You can look inside the book online at [bit.ly/2r9Ln09](http://bit.ly/2r9Ln09)

Watch a live demonstration which was filmed at the Frankfurt book fair (Germany): <http://bit.ly/2G5QmJg>

For more about me and my books see: <https://source-methode.de/miracle-problem-solver/>

Thank you very much. Kira, for taking the time out of your busy schedule to take part in this interview.